

Camden Cyclist

Camden Cyclists' News August/September 2009

Website: www.camdencyclists.org.uk

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Last of the Summer Rides

George will be leading a train-assisted ride through parts of Herts and Beds. It runs for about 50km from St Albans to Harlington, both on the Thameslink line. Lunch at Emily's Tea Shop in Whitwell. The route starts on a Sustrans route, then takes small roads. It's a little hilly with the hardest climb on the approach to the end.



Meet West Hampstead Station
Date Sunday 16 August
Times 10.40 – 17.00
Contact George
Further Information train at 10.48
Map etc on:
<http://maps.camdencyclists.org.uk/tmp/31-8-08ride.pdf>



Freewheel

The **Mayor of London's Skyride** is the new name for the London Freewheel. You may register for this on <http://new.britishcycling.org.uk/skyride/register?event=london> (not secure) Camden Cyclists will run a feeder ride from Swiss Cottage. Details are provisional; please check CCC website for updates.

Meet Swiss Cottage Library
Date: Sunday 20 September
Times: 10.30am to afternoon
Contact: John or Stefano



Monthly Meetings

Our monthly meetings are held on the second Monday of every month, with a Committee meeting immediately beforehand. The next meetings are on **Monday 10 August & Monday 14 September**

Meet Primrose Hill Community Centre, 29 Hopkinson's Place (off Fitzroy Road) NW1 8TN
Times 18.30 Business/Committee meeting
19.30 Members' Meeting
Contact Jean AT dollimore.net

Marchmont Street Festival

This is held in Marchmont Street, between the Tavistock Place junction and the Bloomsbury Centre. There will be live music, dance bands, and children's entertainment. Camden Cyclists will have a stand. Join the fun!



Meet Marchmont Street NW1
Date Saturday 5 September
Times 12.00 – 17.00
Contact John, Stefano or James

James' Ride to Rye



James led a very long ride to Rye, which was completed by only three hardy riders. Wonderful scenery was complemented the superb summer weather.

Savernake Bridge

Paul Braithwaite opened a new cyclists' facility on Savernake Bridge on 1 July. There are now wheel channels in place which enable cyclists to wheel their machines up and down the steps, saving much heavy lifting.



Bike Tube

Camden Cyclists beat the June Tube strike by helping to guide some inexperienced cyclists to the City from Swiss Cottage.

We had planned to repeat the exercise to coincide with the start of the new academic year in October and the New Year (for the resolute).

LCC would like to do this rather sooner and plans to hold weekly radial rides.

Our share will be to lead riders from Swiss Cottage to Holborn once a week for ten weeks.

There will hopefully be more information about this on the LCC website soon.

There are two ways you can get exercise out of a bicycle: you can 'overhaul' it, or you can ride it.
(Jerome K Jerome)

A Better Mouse (Bike) Trap?

A new kind of cycle parking has been popping up in our streets. These 'cycle hoops' are more secure and offer more stability for a bike than unmodified lamp post but use less space than a Sheffield stand.

They appear to be a low-cost solution to some of our parking problems.



And Finally...

There have been several recent cyclists' fatalities, some on Camden's streets.

Almost all have involved left turning heavy vehicles and the vast majority of those killed have been women.

TfL are working to improve both cyclists' appreciation of drivers' difficulties and drivers' awareness of cyclists. There's a video on

<http://www.tfl.gov.uk/roadusers/cycling/11687.aspx> to improve our education.

Be careful out there. Never ever pass a lorry on its nearside and remember the driver's cab is so high that you are invisible if you are not a long way ahead of it.

We send condolences to the loved ones of these poor women.